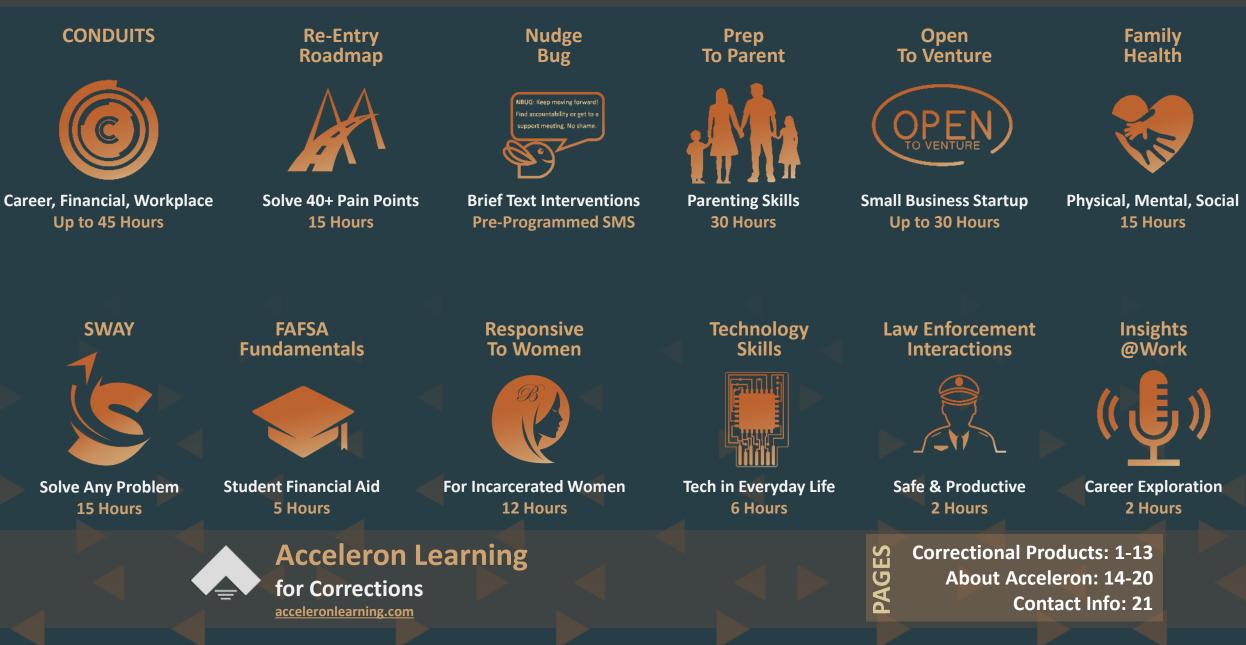
### **Over 175 Hours of Programming for Corrections**





# Career, Financial, Workplace

#### **CAREER READINESS**

- Classroom Success
- Exploring Careers
- Education & Training
- Job Search Process
- Resume & Application
- Interview Skills
- Documents You'll Need
- Rights & Responsibilities
- Looking & Acting Sharp
- The Entrepreneur Option



### **FINANCIAL LITERACY**

- Banking 101
- Budgeting Basics
- Smart Shopping
- Lending & Debt
- Saving Your Money
- Insurance Basics
- Affordable Housing
- Affordable Transportation
- Child Support & Care
- Investing in Your Future



### WORKPLACE SKILLS

- X
- Lasting 1st Impression

Root Causes

- Navigating the Workplace
- You & Your Manager
- Conflict Management
- Time Management
- Organizing & Planning
- Critical Thinking
- Problem Solving
- Communication Skills
- Job Transitions

### 45 Hours Total | Each Topic is 90 Minutes of Instruction





Solve 40+ Pain Points

## **Re-Entry Roadmap**



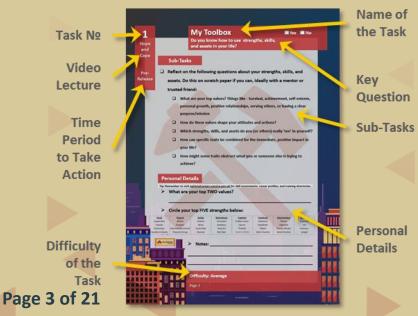
Watch a

video

lecture

 Concept Overview Important Docs Life Admin Transportation

**Complete task lists &** personal details that prioritise 'to dos':





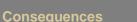
- Pre-Release
- First 72 Hours After Release .
- Weeks 1-8 After Release

### **Dozens of Topics Covered**

- My Toolbox/Assets
- Coping Skills
- **Emergency Plan**

3

- **Key Documents**
- Transportation
- Communication
- Mail & Paperwork
- **Credentials**
- Job Search Prep
- Clothes
- Look for Work
- **Skill Development**
- Student Aid
- Personal Care
- **Daily Routine**
- Work Readiness
- Work Mentor
- Parole
- Legal Counsel



- **Benefit Enrollment**
- **Personal Budget**
- **Debt Repayment**
- Child Relationships
- **Child Support**
- Childcare
- **Keeping a Journal Trusted Advisor**
- **Thought Patterns**
- Family and Friends
- **Spiritual Growth**
- Healthy Recreation
- Counseling and Support
- Food Assistance
- **Mental Health**
- Healthcare & Insurance
- **Exercise Routine**



Use a visual timeline, task lists, and over 150 web resources after release

acceleronlearning.com

RE-ENTRY ROADMAP TIMELINE

Brief Text Interventions
Nudge Bug

1

Upon release, opt-in on any mobile phone to receive a preprogrammed series of texts.



Page 4 of 21

0

Upon release text START to (###) ###-#### for helpful re-entry reminders

It's Nudge Bug! Two months of helpful reminders...starting soon () | Msg&data rates may apply. About 25 msg/mo. Tap bit.ly/nbugterms for terms. Text STOP to end

NBUG: Ryan here, ready to help! Let's start simple. Get out your Re-Entry Roadmap & review it. Tap lareentryguide.com/parishresources for local support. **Product Features** 

Custom messages & schedule

2

- Point to localized resources
- Distinct phone #s by population

#### Timely Info

NBUG: No Routine = No Job. Daily, one hour each: Research, tailor resume to job, apply, follow-up, & build a new skill. Job boards: <u>bit.ly/nbugjob</u>

**Quick Wins** 

NBUG: We are the company we keep. Change people, places, & things around you to avoid bad habits. Say "no" like you mean it & repeat as needed!

Customizable text messages are sequenced/scheduled

to drive key actions & deliver timely information.

#### Reminders

NBUG: Ryan, checking in. I know you've been really busy, but when did you last look at that Re-Entry Roadmap? It misses you! Resources at <u>reentryhelp.com</u>

- Expert message design from inhouse psychologists, LPCs & MSWs
- Stand-alone or custom messaging





Setting

ST

4

Trivia

team. Have them describ

ncourage them to write a s ented, Realistic and Time daily for the baseball tryout if

encouragement for their goal.

it's a subject in school, a sport, or

nple: If your child is interested in write down a few fun facts about the

our facility has board game Snakes & Ladders bo

sand it Pcc. reglete. Dack and forth, with each of up

### **Parenting Skills Prep to Parent**

 Communication Toolkit
 Stage: Pre-Adolescent (
 Vision & Values
 Communication Toolkit
 Vision & Values Personal Foundations

- Ask your child to write ou
  - Family Dynamics
  - Ages & Stages
- Write back with a S.M.A.R.T. go • The Well Child Get to know facts and details abo

to play. If not, see

our right on nd both of you

nds. Both

mot or storyline. Then draw the first

- **Dealing with Feeling**
- Consider, Then Respond

- Choices & Consequences
- Discipline vs. Punishment
- Praise & Encouragement
- Shaping Influences
- Keeping the Wheels On
- Risky Behaviors
- Tech Troubles

- Special Situations
- Legal Issues w/ Children
- Parenting in Practice
- During Incarceration
- Transition & Reunification
- Playing Your Role

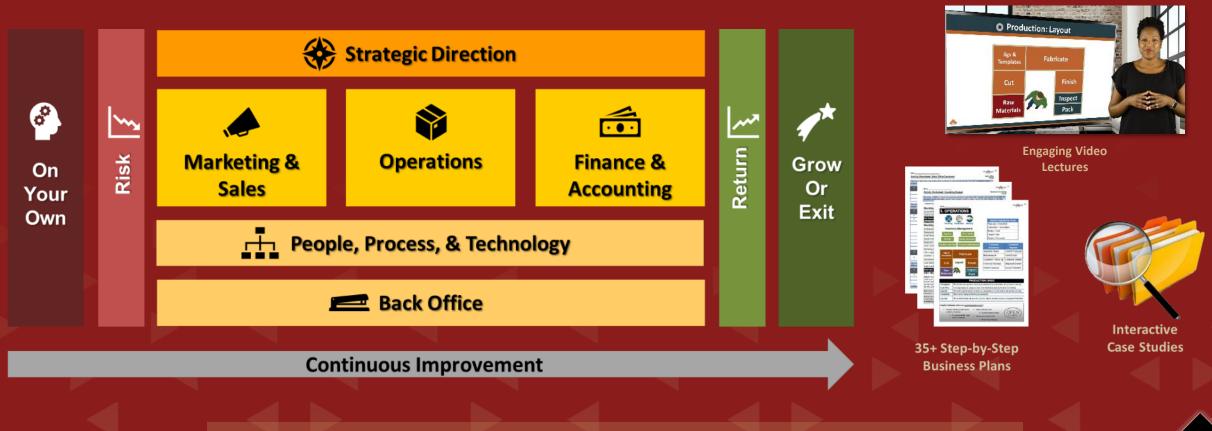
**30 Hours Total | Each Topic is 90 Minutes of Instruction** 





# Small Business Startup Open to Venture

Open to Venture creates new career pathways for incarcerated individuals who have a trade or technical skill: Video lectures, dozens of step-by-step business plans, and interactive case studies that ask "What would you do?"



15 or 30 Hours Total | Each Topic 90 or 180 Minutes of Instruction

acceleronlearning.com

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### Physical, Mental, & Social Family Health



Uniquely You	The role of genetics, heredity, family history, and pre-existing conditions.
<b>Components of Care</b>	The role of healthcare providers, insurance, and continuing care.
Beat & Breathe	An overview of respiratory and heart physiology/health maintenance.
Sustain & Signal	An overview of digestive and nervous system physiology/health.
Fit for Life	The basic elements of food and how to make smart eating choices.
Healthy Habits	The importance of physical activity and how to formulate a basic routine.
Build Resilience	The anatomy of a habit, various habits that impact personal wellbeing.
Childhood Wellness	An age and stage physical wellness overview.
Parenting Basics	Basic developmental milestones and parenting skills by age/stage.

Page 7 of 21

15 Hours Total | Each Topic 90 Minutes of Instruction







Puzzling the Problem	Develop intellectual curiosity and understand how to translate unclear problems into actionable structured statements.
Investigating for Insight	Learn how to break problems into manageable parts with issue trees, then gather insights through primary and secondary research.
Solving to Succeed	Convert information into realistic solution options using gap analysis and a variety of problem-solving tools.
Presenting to Persuade	Organize solutions and assumptions into a convincing presentation to your audience.
Case Study	Solve a multi-part case study and compete with other teams in a live presentation format.



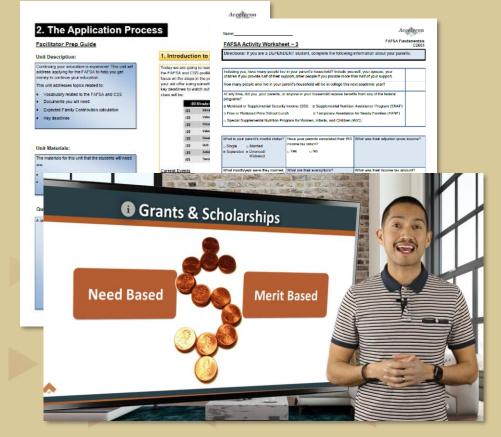
In addition to the team case study, learners will complete activities that apply concepts to everyday life. Sway helps *solve any problem*.



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### 15 Hours Total | Split of Instruction and Applied Case Competition

### Student Financial Aid FAFSA Fundamentals



**Financial Aid Basics** 

A look at all potential sources of student aid to help pay for your degree.

**Apply Yourself** 

Filling out the FAFSA and CSS profile, repayment options.

**3 Hours Total | Each Topic 90 Minutes of Instruction** 



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### **For Incarcerated Women**

## **Responsive to Women**

with Bauman Consulting Group

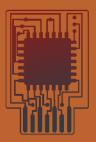


Self Reliance	Inventory of personal strengths and assets, where to find community support, basics of continuing your education, & basics of budgeting and lending.	
Women's Wellness	Reproductive health, pregnancy and post-partum depression, self-care, managing emotions, substance use, & female- specific checkups by age.	
Mental Matters	Key issues that incarcerated women face with regards to mental health, including: Depression, anxiety, self-harm, self- medicating, and post-release continuum of care.	
Trauma Recovery	Understanding past trauma/abuse and typical responses. Where to go for help/care, identifying community resources, substance abuse impacts, and how to move forward.	
Supportive Relationships	Identifying reliable social supporters, domestic violence issues, co-dependency, how to set boundaries, and definition of what positive relationships look like.	
Navigating Motherhood	Childcare, child support, parenting basics, custody, managing separation/reunification, and maintaining contact during incarceration.	
Women in the Workplace	Non-traditional career fields, off-limits interview questions, harassment, maternity leave, workplace discrimination, & pre/post-natal care.	
Re-Entry Success	Forms of ID, transportation, temporary income assistance, collateral consequences of conviction, safe housing, job search & keeping on track.	

Page 10 of 21

### 12 Hours Total | Each Topic 90 Minutes of Instruction





### Tech Literacy & Daily Use Technology Skills





Tech Landscape	A survey of current hardware, applications, and technology trends.
The Basics	How to use the Internet, devices, apps, and how to stay safe online.
Daily Life	Harnessing technology to help find housing, get around town, and manage your money.
The Workplace	Finding a job, getting work done, and tips for communicating with technology.

Each Topic is 90 Minutes of Instruction | 6 Hours Total



Page 11 of 21

6 Hours Total | Each Topic 90 Minutes of Instruction





-Behind the Badge by Pew Research

Cultural Context	The breakdown of trust between law enforcement & citizens over time.
Perspectives	Understanding the perspectives of both law enforcement & citizens.
Your Rights	An overview of rights and protections, and how to properly use them.
<b>De-Escalation</b>	How to have a safe, productive interaction.
Power Dynamics	What to do when faced with authority.
Roleplays	Traffic stop, man on the street, and at home scenarios.
Public Gatherings	How to conduct yourself during protests, rallies etc.
Building Trust	Creating healthy relationships for community success.
Taking Positive Action	How to get involved in your local community.

2 Hours Total | Offers Both Citizen & Law Enforcement Perspectives

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#### **Career Field Profile**

- Why you wanted to become a \_\_\_\_\_? What attracted you initially?
- How many years have you been a \_\_\_\_\_, or worked at it in some capacity?
- At a big-picture level, what does a typical \_\_\_\_\_\_ do? What is being a \_\_\_\_\_\_ all about?
- Now, briefly tell us what a typical day looks like. What does the actual execution of your job involve?
- What kinds of people or professionals do you interact with day-to-day?
- Tell us about some personality & work traits of successful people in this field?
- Every job has them, so what are a few common misconceptions about \_\_\_\_\_\_ that you can clear up?

#### **Getting Hired**

- What academics, training, & certifications are needed to become a \_\_\_\_\_
- For students, what kinds of extra-curricular activities or jobs will make them more attractive candidates?
- What are the two or three biggest reasons for not hiring someone to work as a \_\_\_\_\_

#### Advancement

- Walk us through the typical career path for a \_\_\_\_\_\_ & its timing.
- Once you've become a \_\_\_\_\_, how do you stand out? What makes for a top performer?
- What advanced education, if any, is desirable, & how does it impact your financial & career prospects?
- What other professions can your field prepare a person for?

#### Pros/Cons

- Talk about job satisfaction, what's most exciting & keeps you engaged?
- What are a couple of downsides to working as a \_\_\_\_\_
- What about work/life balance? How does this field impact your family life?
- Now that you've been a \_\_\_\_\_, what would you do differently?
- What do you think my next step should be to pursue a career as a \_\_\_\_\_







Each Interview is 20 Minutes (*Computer-Lab Recommended*) | Dozens of Careers Profiled

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We meet people at major life transitions to help them achieve optimal outcomes.

Tens of thousands of inmates use our scalable, cost-effective correctional programming to aid with their success.

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### Practical Skills Engaging Learning



### 90- Minute Class Flow

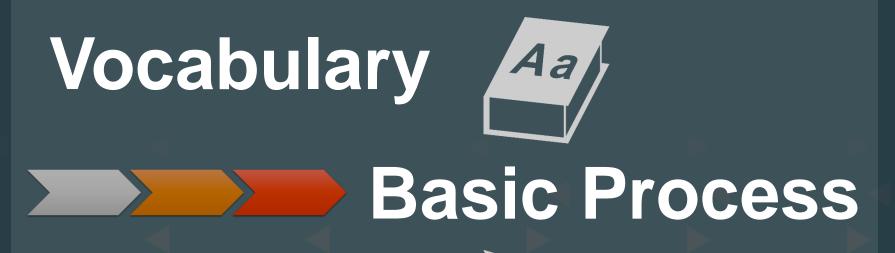
:05	Introduction	
:10	Video Segment 1	Anyone
:10	<b>Discussion Questions</b>	Can Facilitat
:10	Video Segment 2	
:10	<b>Discussion Questions</b>	Adapts
:10	Quiz	to Self-
:30	Activity	Paced
:05	Transitions	



е

# Goals for Instruction

All Topics at a 7<sup>th</sup> Grade Level



Take-Aways



#### Instructor, Peer, or Volunteer-Led

## **Step-by-Step Facilitation**

cilitator Prep Guide	1. Introduction to the Lesson
Execution	A Introduction to the Lesson     The set are gray to distants there are the set of
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Worksheet (Page 7) Percet	Current Events
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ebou)	<ol> <li>Nationship is very insertient ortex you are starting the job search process. Who are some needs you can their atout antivorting with and providing using an orthomore? That are some things that you can do to start these conversations? "(Skriding Support)</li> </ol>	are some things that you can do to create apportuni-
	Potential responses to question 1: (responses will vary)	
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	The Job 5
5. Discussion Questions Video Part 2	
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To run the course, you'll also need...

- TV or projector/speakers
- Internet or DVD player
- Access to a photocopier
- Pencils or pens
- Tables and chairs

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Sha	ping Your Future	Building Resilience	P
	Getting a Fresh Start	Dealing with Guilt & Shame	
	Having Realistic Expectations	Dealing with Failure	
	Celebrating Small Successes	Improving Self Esteem	
	Developing Plan B	Building Support	<b>Topics Fortified with</b>
	Maintaining Focus	Gaining Trust	<b>C</b>
Mal	king Smart Decisions	Accepting Authority	Success
	Asking For/Accepting Help	Demonstrating Integrity	
	Knowing Your Limits	Being Accountable	Traits
	Using Influence to Your Advantage	Finishing What You Start	
	Gaining Self Control	Finding Purpose	
	Thinking Critically	Helping Others	
	Finding Mentors & Role Models		
	Using the Power of Choice		
Dev	eloping Work Ethic		
	Taking Ownership		
	Valuing Work		
	Avoiding Easy Street		acceler

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- Custom user authentication Electronic quizzes & certificates of completion
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#### **Development Inputs**

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